



PROGRAM FOR THE FIRST BATCH OF PAKISTANI TEACHERS

1. Appetizer lecture
 - a. During this 2 hour lecture we create a motivational platform. It has been described in a different document.
2. How close are we to civilizational collapse? A status over the present situation:
 - a. Ice melt
 - b. Sea level rise
 - c. Extreme weather events
 - d. Droughts – desertification
 - e. Ocean acidification
 - f. Wildfires
 - g. Species extinction
 - h. Population growth
 - i. Possible global food and water crisis
 - j. Looming financial collapse
3. Lester R. Brown is one of our great solutionary thinkers. We will dive into a video based on his book: “World on the edge: How to prevent environmental and Economic Collapse:”
 - a. Plan B: Four Main Goals
 - i. Stabilizing Population
 - ii. Eradicating Poverty
 - iii. Restoring the Earth
 - iv. Climate Action Plan
 - b. How Do We Get There?
 - i. Plan B Budget
 - ii. A Wartime Mobilization
 - iii. Let’s Get to Work
4. Why WE DON’T HAVE TIME
 - a. Climate change is happening much faster than even the most sophisticated scientific models have predicted
 - b. We – the people of this planet and our elected leaders - are not reacting accordingly, but keep up “business as usual”.
 - c. Why the protest movements are important
 - d. Why enlightening everybody is important
 - e. Why we need a WWII-style mobilization
5. Global economics:
 - a. Differences in the rich and the poor countries
 - b. Growing wealth inequalities globally and nationally
 - c. Capitalism as a crucial drive behind climate change



- d. The need for a new form of economic thinking
 - i. Naomi Klein: This Changes everything
 - ii. The Doughnut economy
 - iii. And more

- 6. Transition:
 - a. From carbon based to clean energy
 - b. From eternal growth capitalism to doughnut economy
 - c. From globalism to localism
 - d. From consumerism lifestyle to compassionate lifestyle
 - e. From separateness from nature to connectedness with nature
 - f. Treeplanting as a means to extract carbon from the atmosphere

- 7. Psychology:
 - a. Why do people know so much and yet do so little
 - b. How to get out of denial
 - i. Mentally
 - ii. Emotionally
 - iii. Socially
 - c. Why is everyone important in this, and what can we do:
 - i. In our individual lives
 - ii. In our communities
 - iii. In our countries

- 8. Our political systems:
 - a. Are they fit to solve the climate crisis
 - b. Roles of the elected politicians
 - c. Roles of the press – the media
 - d. The need to reactivate democracy via and ongoing dialogue between the people and the elected representatives.

- 9. The future of water and food
 - a. How can we feed a growing world?
 - b. Regenerative agriculture
 - c. From Animal Agriculture towards a more vegetarian or vegan lifestyle
 - d. From large factory farms to small scale regenerative farming
 - e. More focus on gardening and food production at home or nearby – even in cities

- 10. Solid Science vs Fake News – how to tell the difference.
 - a. About the need for critical thinking and which sources to trust.

- 11. Our educational systems:
 - a. Education is crucial in making this transition.
 - b. Time to tell the truth – because our lives are at stake
 - c. Important to communicate the truth in motivating ways
 - d. Important to communicate the truth differently to different age groups