



This is a summary of the introductory “Appetizer lecture”

- intended to motivate listeners to learn more and get involved.

It was created in Alanya, Turkey 2018. It can be changed if need be, according to cultural, geographical and political circumstances. So this should be seen as an example, open to adjustments. **A work in progress, just like the global climate battle.**

One thing that is missing in this early version – a subject which naturally will have high priority in future versions - is the global protest movement: Greta Thunberg and Fridays for Future, Extinction Rebellion and Sunrise.

It is a 2 hour program, and the main ingredients and take-home messages are:

- The causes of Climate Change
- How serious it is
- Why immediate global action is extremely important
- What the consequences of non-action will be
- Why our entire civilisation is at risk
- How religious and spiritual movements have been supporting the climate movements
- Special emphasis on the role of The Encyclica by Pope Francis
- The efforts to raise awareness by «Saving Our Planet»
- The websites <https://savingourplanet.net> and <https://theclimatecinema.org>
- Why people do so little despite knowing so much
- Different levels of denial: Intellectual, emotional and political
- The role of psychological defence mechanisms
- The role of media
- The role of politicians
- The importance of fast decarbonisation of our energy supply and how we can do it
- The economics involved in this: We CAN afford this transition
- Climate change in Turkey
- Main consequences of Climate Change are here already: • Melting of Ice - Greenland - Antarctica - North Pole
- Sea levels reising
- Droughts
- Droughts in Syria and the Syrian war
- Climate Refugees
- Water Crisis
- Food Scarcity
- Wildfires
- Extreme weather events
- Ocean acidification and pollution by plastic
- Species extinction
- We do not see the dangers before it is too late
- Exponential growth is about to kill us



- Population
 - Consumption pr capita
 - Food production
 - How we can protect our planet • Moving to clean energy - quickly!
 - Reduce consumption - reuse - recycle
 - Move from meat based (especially beef) diet to plant based diet
 - Reduce home energy use as much as possible - and how.
 - Change our transportation methods as much as possible
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- Grassmovements are mobilising against Climate Change globally. But this process needs to speed up, so we all have to contribute. We do not have time!!
 - We need a wake up call similar to the one the Pearl Harbour attack caused in USA during WWII. We are at war against Climate Change, and it is our continued existence that is at stake. And it CAN be done.
 - Barack Obama: We are the first generation feel the effect of Climate Changed the last generation who can do something about it.
 - Robert Swann: The greatest threat to the planet is the belief that someone else will save it.
 - The last part of the seminar was a walkthrough of a list of what each of of can and should do. Starting NOW.

The list is divided in three parts:

- What you can do individually
- What you can do in your community
- What you can do politically

You can find the list here: <http://climate-change.site/you/>